

## TIMETABLE

- 8:00 am Opening of the sports center
- 8:15 am Meeting of Referees and Judges
- 8:45 am **TEAM - KATA**
- Children – Cadets – Juniors – Seniors
- Elimination rounds and Finals
- AWARDING CEREMONIES
- 10:45 am **INDIVIDUAL KATA**
- Children – Cadets – Juniors – Seniors
- Elimination rounds and Finals
- AWARDING CEREMONIES
- 1:45 pm **INDIVIDUAL KUMITE**
- Children – Cadets – Juniors – Seniors  
Women & Men
- Elimination rounds and Finals
- AWARDING CEREMONIES
- 6:45 pm **IPPON SHOBU from 18 years up**
- KUMITE TEAM / Ippon Shobu**  
From 18 years up
- AWARDING CEREMONIES

( Schedule subject to change )

# INTERNATIONAL CUP KARATE

**Saturday**  
**4 September, 2010**

Pavillon des sports  
Rue de la Charrière 78  
2300 La Chaux-de-Fonds  
Switzerland



**SGKF** **JKF**  
**KARATE CLUB**  
LA CHAUX-DE-FONDS  
**SHINTAIKAN**  
**WUKF**  
WORLD UNION OF KARATE-DO FEDERATIONS

[www.karateswiss.ch](http://www.karateswiss.ch)

Swiss MartialArts Union  
Union ArtsMartialaux Suisse  
Union derMartialk. Sektionen | **SMU**

– Free entrance –

## REGISTRATION

Bagnato Aldo, Rue du Nord 155, 2300 La Chaux-de-Fonds  
Tel.: 0041 32 913 64 48 / Mobile: 0041 78 749 63 13 after 5.00 pm  
E-Mail: info@karateswiss.ch Homepage: [www.karateswiss.ch](http://www.karateswiss.ch)

## DEADLINE OF REGISTRATION: Wednesday, 25<sup>th</sup> of August 2010

Registrations after deadline will be charged with CHF 50.- / € 30.-

## DRAWING OF LOTS

Wednesday, 1<sup>th</sup> of September 2010

## ENTRY FEE

Till 15 years Children individual CHF 15.- / € 10.- per category  
From 16 years up Youth/Juniors/Elite CHF 25.- / € 15.- per category  
Team Children till 15 years CHF 45.- / € 30.- per team  
Team Youth/Juniors/Elite from 16 years up CHF 60.- / € 40.- per team

## INSURANCE

Each participant is in charge of his/her insurance. The organizer is not responsible for any liability.

## EQUIPMENT

White Karate-Gi, gum shield, WKF approved mitts (blue and red), WKF approved groin guard for men and WKF approved chest protector for women are compulsory, shin pads are allowed.

## REFEREES AND JUDGES

Each Dojo have to provide 1-3 qualified referees/judges (10% of participants). Otherwise a fee of CHF 50.- will be charged. Dress code: blue blazer, white shirt, grey pants, blue tie, black shoes, whistle.

## COACH

Only coaches with valid official coach card are allowed. Further accompanying persons are not allowed to stay in the competition area. For 5 karatekas 1 coach, maximum of 6 coaches per club.

## KATA-REGLEMENTATION

All competitions for youth/juniors and elite will be conducted in accordance with the rules of the WKF. Lower grade dependent of Head Referee.

All Kata and Kumite competitions will be scored by flag system. Direct eliminations with consolation round. Lower grade and children Kata-Team can perform Kata according to Kata List. Upper grade must perform a different Kata (free) in each round (once performed, it cannot be repeated). In Kata-Team Final Bunkai is not obligatory.

Kata-Team can be mixed.

## KATA LIST

HEIAN-PINAN	GOJU-RYU
Yellow: Heian-Shodan	Gekisai-Dai-Ichi
Orange: Shodan/Nidan	Gekisai-Dai-Ichi/Gekisai-Dai-Ni
Green: Shodan/Nidan/Sandan	Gekisai-Dai-Ichi/Gekisai-Dai-Ni/Saifa
Blue: Shodan/Nidan/Sandan/Yodan	Gekisai-Dai-Ichi/Gekisai-Dai-Ni/Saifa/Seiyunchin

Furthermore, all Katas of other accepted Karate styles.

Both tables are valid for women as well as for men.

CATEGORY KATA INDIVIDUAL	AGE GROUP	GRADE
1 till 10 years	till 2000	all
2 11+12+13 years	1999-1998-1997	till 6. Kyu
3 11+12+13 years	1999-1998-1997	from 5. Kyu up
4 14+15 years	1996-1995	till 6. Kyu
5 14+15 years	1996-1995	from 5. Kyu up
6 16+17 years	1994-1993	till 6. Kyu
7 16+17 years	1994-1993	from 5. Kyu up
8 from 18 years up	from 1992 up	from 5. Kyu up

## CATEGORY KATA TEAM

1 Team Kata Children till 11 years	till 1999	all
2 Team Kata Children 12 till 15 years	lower grade	till 6. Kyu
3 Team Kata Children 12 till 15 years	upper grade	from 5. Kyu up
4 Team Kata Elite from 16 years up	elite	all

## KUMITE-REGLEMENTATION

WKF rules apply (Ippon, Nihon, Sanbon point awarded).  
Direct eliminations with consolation round for 3<sup>rd</sup> place.  
Kumite Team with 3 competitors.

**DURATION OF BOUT:** Children 90 sec. / Youth + Juniors 2 min. / Women + Men Elite 2 min.  
Each winner must report to the in charge of the referee table.

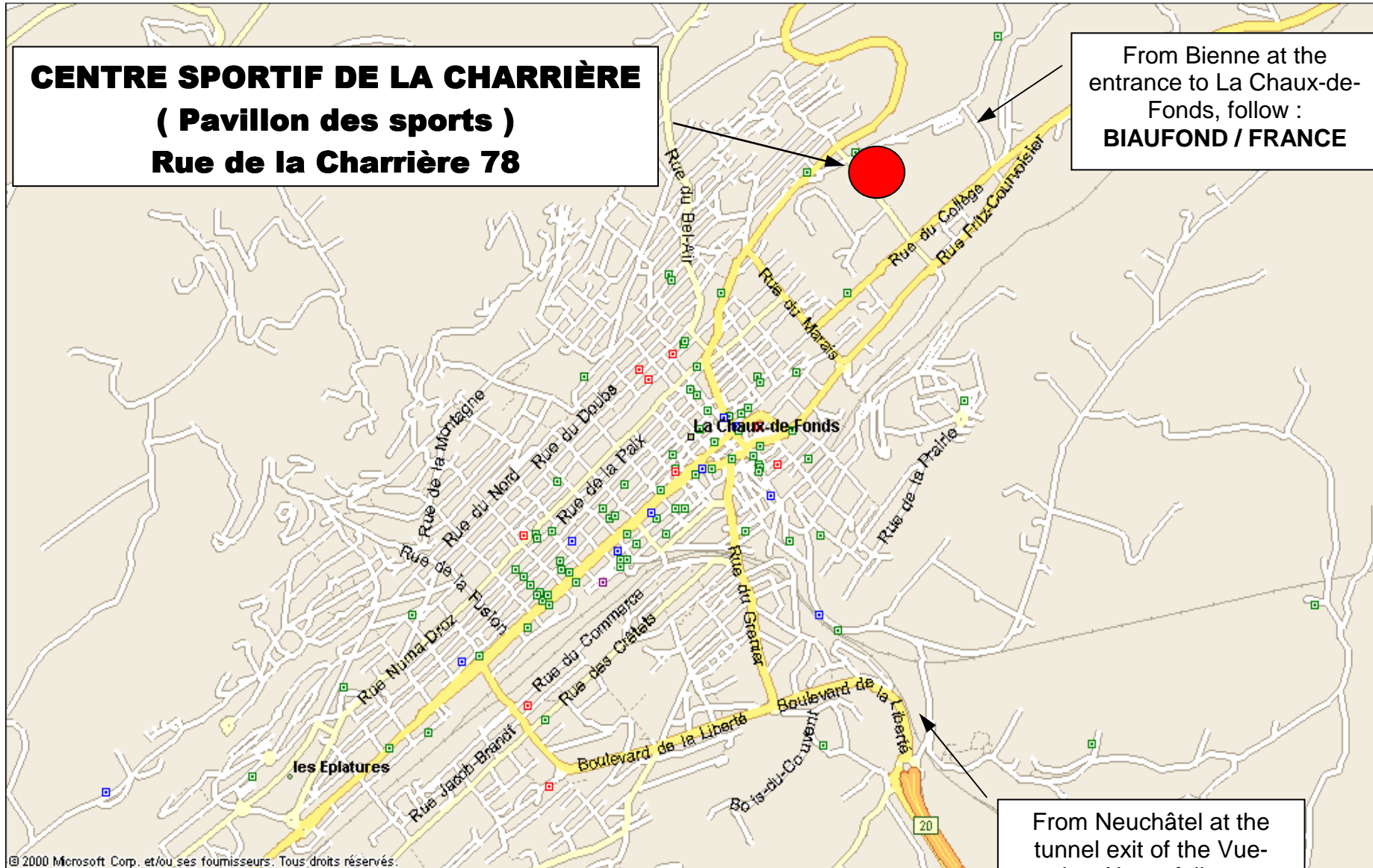
**IPPON SHOBU:** Kumite according to Ippon Shobu rules.

Each category with less than 8 participants will be allocated to the next higher category.  
The higher categories will be divided according to weight. Please state weight.

CATEGORY KUMITE INDIVIDUAL	AGE GROUP	GRADE
1 till 10 years	till 2000	all
2 11+12+13 years	1999-1998-1997	till 6. Kyu
3 11+12+13 years	1999-1998-1997	from 5. Kyu up
4 14+15 years	1996-1995	till 6. Kyu
5 14+15 years	1996-1995	from 5. Kyu up
6 16+17 years	1994-1993	till 6. Kyu
7 16+17 years	1994-1993	from 5. Kyu up
8 from 18 years up	from 1992 up	from 5. Kyu up
9 Ippon Shobu Women+Men Elite from 18 years up	from 1992 up	from 3. Kyu up
10 Team Kumite Men Elite from 18 years up	from 1992 up	from 3. Kyu up
11 Team Kumite Women Elite from 18 years up	from 1992 up	from 3. Kyu up

**CENTRE SPORTIF DE LA CHARRIÈRE  
( Pavillon des sports )  
Rue de la Charrière 78**

From Bienne at the  
entrance to La Chaux-de-  
Fonds, follow :  
**BIAUFOND / FRANCE**



From Neuchâtel at the  
tunnel exit of the Vue-  
des-Alpes, follow :  
**BIAUFOND / FRANCE**

# Hotels

## **Hôtel du Moulin**

Rue de la Serre 130  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 926 42 26  
Fax : +41 (0)32 926 51 18

## **Athmos Hôtel Centre**

Av. Léopold-Robert 45  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 910 22 22  
Fax : +41 (0)32 910 22 25

## **Hôtel de France**

D.-Jeanrichard 46  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 913 11 16  
Fax : +41 (0)32 913 18 49

## **Grand Hôtel Les Endroits**

Boulevard des Endroits 94-96  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 925 02 50  
Fax : +41 (0)32 925 03 50

## **Hôtel du 1<sup>er</sup> Mars**

Rue du 1<sup>er</sup> Mars 7a  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 968 28 32  
Fax : +41 (0)32 968 90 22

## **Hôtel-motel du Jura**

Rue de l'Hôtel-de-Ville 50  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 968 28 22  
Fax : +41 (0)32 968 92 15

## **Hôtel Club**

Rue du Parc 71  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 914 15 16  
Fax : +41 (0)32 914 15 17

## **Hôtel de la Fleur-de-Lys**

Av. Léopold-Rober 13  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 913 37 31  
Fax : +41 (0)32 913 58 51

## **Hôtel Maharajah**

Rue de l'Hôtel-de-Ville 16  
2300 La Chaux-de-Fonds  
Tél : +41 (0)32 968 03 40  
Fax : +41 (0)32 968 03 40

See also the Neuchâtel website below :

[www.neuchateltourisme.ch](http://www.neuchateltourisme.ch)